

From Plant to Cloth - Handout

BBC News: Kew report makes new tally for number of world's plants - <https://www.bbc.com/news/science-environment-36230858>

The Harvard Gazette: Oldest-known fibers to be used by humans discovered - <https://news.harvard.edu/gazette/story/2009/09/oldest-known-fibers-discovered/>

Making Linen Fabric from Flax Seed - Demonstration Of How Linen Is Made by the Monreagh Centre - <https://youtu.be/TFuj7sXVnIU?si=wX6O0CsAhElyhlqc>

HOW TO SPIN FLAX YARN ON A SPINNING WHEEL 1930s SILENT MOVIE (Periscope Film II) - <https://youtu.be/vEktlI4BEhs?si=2HAtN091jDbcLIcb>

Hemp & Flax in Colonial America by Ben Swenson, published by Colonial Williamsburg - <https://research.colonialwilliamsburg.org/foundation/journal/Winter15/hemp.cfm>

The Life Cycle of a Tshirt by Angel Chang (TedEd) - https://youtu.be/BiSYoeqb_VY?si=wVAiLcEZf8Yuu9Cu

tatter.org - Search “kala cotton” in the Tatter Shop

Eleven Eleven - Search “kala cotton” in the search box - <https://11-11.us/>

Metropolitan Museum - metmuseum.org - Much of the Met’s collection has been digitized and contains images in the public domain. Use the Search box to find all sorts of amazing textiles, including *ramie*, *hemp*, *ainu robe*, and *kuba*.

Sealasaka Institute: Chilkat Weaving Prep - Boiling Cedar Bark with Lily Hope - https://youtu.be/U3V00h4ggf0?si=DSfEYrF_1FtQhRnW

Chilkat Weaving Prep: Spinning Warp with Lily Hope - <https://youtu.be/1-anEXR5qvw?si=w8xTx3YxCqzqlYwo>

Lily Hope’s Ravenstail and Chilkat weaving - <https://www.lilyhope.com/>

fibershed.org - regenerative farming, bringing flax back to Oregon

Engineering Out Fashion Waste - Institution of Mechanical Engineers - <https://www.imeche.org/policy-and-press/reports/detail/engineering-out-fashion-waste>

A New Textiles Economy: Redesigning fashion’s future - Ellen MacArthur Foundation in association with the United Nations Environment Programme - <https://www.ellenmacarthurfoundation.org/a-new-textiles-economy>

My website, which has a page full of Sustainability Resources: just Google “Gigi Matthews handspinner” or here is the link: <https://gigimattthews9.wixsite.com/my-site>

Follow me on Instagram: @brooklyncrafter

I’m on the board of the Handweavers Guild of America where my focus is on expanding sustainability with HGA. Email me with ideas etc at: Gigi@weavespindye.org

Recommended books:

The Fabric of Civilization: How Textiles Made the World by Virginia Postrel

Homegrown Flax and Cotton: DIY Guide to Growing, Processing, Spinning & Weaving Fiber to Cloth by Cindy Conner

Prehistoric Textiles: The Development of Cloth in the Neolithic and Bronze Ages with Special Reference to the Aegean by E.J.W Barber

Women’s Work: The First 20,000 Years by Elizabeth Wayland Barber

Empire of Cotton: A Global History by Sven Beckert